



Interdisciplinary insights into mental health: Loneliness in focus

24 NOVEMBER 2023

12:30 - 12:45 Registration & coffee

12:45 - 13:00 Introduction

13:00 - 14:00 The epigenetic underpinnings of adolescent loneliness

Yentl Koopmans, KU Leuven

Consequences of social deprivation in juvenile rats

Marijke Achterberg, Faculty of Veterinary Medicine

14:00 - 15:00 Ruby's Mission: An applied game for socioemotional learning

Dionysis Alexandridis, Faculty of Science

Connecting UU: Peersupport from students - For students

Anneke Vedder, Faculty of Social and Behavioural Sciences

15:00 - 15:15 Coffee & refreshments

15:15 - 16:30 How can we better integrate the socio-ecological model of loneliness in our work?

Marlies Maes, Faculty of Social and Behavioural Sciences

Entertainment games & eudaimonic reflections

Sander Bakkes, Faculty of Science

All the same? Differences in risk factors for loneliness across cultures

Luzia Heu, Faculty of Social and Behavioural Sciences

16:30 - 16:45 Closing - *Heidi Lesscher (Dynamics of Youth)*

16:45 - 18:00 Drinks & Snacks

REGISTER NOW



Registration deadline:

November 17th

Register [HERE](#)



Boothzaal, Utrecht University Library



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